



Lunch Menu

Panini

(Bread choice Fresh **Hero bread**, Ciabatta or Large Sliced wholewheat bread)

Sandwich only

Delight lunch

(Served with bag of chips & soda or water)

\$9.99

\$ 11.99

Three Grilled Cheeses

Melted American, cheddar, Mozzarella cheese

Chipotle grilled Chicken (insert halal sign on this item)

Grilled chicken, cheddar cheese, lettuce, sliced tomato and chipotle sauce.

Spicy buffalo Chicken (insert halal sign on this item)

Grilled chicken, cheddar cheese, lettuce, sliced tomato and Spicy buffalo sauce.

Texas BBQ Chicken (insert halal sign on this item)

Grilled chicken, provolone cheese, lettuce, sliced tomato and sweet BBQ sauce.

Chicken AVO (insert halal sign on this item)

Grilled chicken, cheddar cheese, fresh avocado, lettuce, sliced tomato and chipotle sauce.

Turkey Club

Smoked Turkey breast, cheddar cheese, sliced tomato, lettuce, and mayo.

Italian Melt

Ham, salami, pepperoni, provolone, lettuce, tomato, oil and vinegar and honey mustard.

Tex-Mex

Grilled chicken, mozzarella cheese, lettuce, tomato, Crispy bacon, **chipotle sauce**.

Chicken Cutlets

Crispy breaded chicken, marinara sauce, mozzarella cheese, lettuce, sliced tomato.

Italian Meatball **\$10.50**

Italian Meatball, marinara sauce, mozzarella cheese.

HALAL Classic Philly cheesesteak **\$10.50** (insert Halal sign on it and center top right position on menu)

Petite sirloin, provolone cheese, pepper, chipotle mayo.

CUBANO **\$10.50**

Pastrami, Ham, Provolone cheese, sliced lettuces, pickles and mustard.

TUNA Salad Melt

Fresh Tuna junks, American cheese, lettuce, tomato, and mayo.

BLT Prime

Crispy bacon, lettuce, sliced tomato and mayo .

Pepperoni Margherita

Pepperoni, Sliced tomato, Mozzarella cheese, Chipotle sauce.

Tomato pesto Aoli

Sliced tomato, mozzarella cheese, green pesto aioli sauce.

Beyond Vegan (insert Plant based) S: **\$ 12.00** DL: **\$13.99**

Grilled vegan burger, lettuce, tomato and chipotle sauce

Avocado Toast

Served on Large Toasted bread.

Classic Avo Toast **\$8.95**

Served with fresh Avocado mash, chia seeds, light onion powder, lime zest, chili pepper flakes, Salt & black pepper.

Mediterranean Delight Toast **\$9.15**

Served with fresh Avocado mash, Feta cheese crumbles, red reddish, black olive, diced tomato, lime zest, chili pepper flakes & black pepper.

Bacon cherry Avo Toast **\$9.25**

Served with fresh Avocado mash, sliced crispy bacon, diced tomato, chia seeds, light onion powder, lime zest, chili pepper flakes, Salt & black pepper.

Sunrise Avo Toast **\$9.50**

Served with fresh Avocado mash, **Whole eggs** and choice of crispy bacon or pork sausage, chia seed, light onion powder, lime zest, chili pepper flakes and side of organic maple syrup.

Chicken Avo Toast **\$9.99**

Served with fresh Avocado mash, grilled chicken, lime zest, chili pepper flakes & black pepper.
Add on: Diced tomato

Nova Smoked Salmon Toast \$10.75

Served with fresh Avocado mash, smoked NOVA Salmon, red reddish, diced tomato, lemon juice, chili pepper flakes, pickled onion & black pepper.

SOUPS (served in 12OZ cup with a side of crackers)

Soup of the Day (VEG)

\$ 4.50

Seafood Soup

\$4.99

Protein based Soup.

\$4.99

SALADS

Vegan Bliss \$11.50

Cobb Salad \$11.95

Chicken Caesar salad \$12.50

MAC & Cheese (served in 18 OZ Bowl)

Classic Mac n cheese \$6.99

Jalapeno bacon \$7.75

Chicken Bacon Ranch \$7.95

Philly cheesesteak Mac \$8.25